

# Inmate Exercise and Recreation

## 1003.1 PURPOSE AND SCOPE

The purpose of this policy is to establish guidelines and procedures ensuring that the Milwaukee County Sheriff's Office facility will have sufficient exercise and recreation periods, as required by law.

### 1003.1.1 DEFINITIONS

Definitions related to this policy include:

**Exercise** - The physical exertion of large muscle groups.

**Recreation** - Activities that may include table games, watching television or socializing with other individuals.

## 1003.2 POLICY

It is the policy of this agency to provide inmates with access to exercise opportunities and recreation activities in accordance with state laws or requirements. The Jail Commander or the authorized designee shall be responsible for ensuring there is space allocated for physical exercise and recreation, and that a schedule is developed to ensure accessibility for all inmates (Wis. Admin. Code DOC § 350.33).

## 1003.3 ACCESS TO RECREATION

Inmates shall have access to recreation activities outside their cells at least once a day. The length of time will be determined by the inmate's classification status, security concerns and operational schedules that preclude recreation during a period of time (e.g., meal times, searches, lockdown or court). The staff should ensure that the maximum time possible is provided to the inmates for this purpose.

Televisions, table games and other items may also be made available to enhance recreation time (Wis. Admin. Code DOC § 350.34(1)).

## 1003.4 SECURITY AND SUPERVISION

The staff supervising the inmates during exercise and recreation time shall document when each inmate has the opportunity to exercise or recreate.

The supervising staff may terminate the exercise or recreation period of any inmate who continues to act in an aggressive or disorderly manner after being ordered to stop by the staff. Whenever an exercise or recreation period is involuntarily terminated, the staff will document the incident and rationale for terminating the exercise period.